



Women  
Friendly  
Initiative

....empowering women; enriching families

# Annual Report 2024



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Kuje Abuja

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## 1. ACRONYMS AND ABBREVIATION

AGYW	-	Adolescent Girls and Young Women
AYFHS	-	Adolescents and Youth Friendly Health services
AYH+N	-	Adolescent, Youth Health Plus Nutrition
AGPMPN	-	Association of General Private Medical Practitioners of Nigeria
AGPNPN	-	Association of General Private Nurse Practitioners of Nigeria
CAMPUS	-	Collaborative Action for Mental Health Promotion Utilizing Students
GBV	-	Gender Based Violence
GEV	-	Girl Education Volunteer Taskforce
NAYA	-	Novel Association for Youth Advocacy
YPE4AH	-	Youth-Powered Ecosystem to Advance Urban Adolescent Health
FP	-	Family Planning
RH	-	Reproductive Health
IPPF	-	International Planned Parenthood Federation
PPMV	-	Patent Propriety Medicine Vendors
CBAM	-	Advancing Community Based Access to Misoprostol
CLMS	-	Commodity Logistics & Management System
CSOs	-	Civil Society Organizations
FCT	-	Federal Capital Territory
LGA	-	Local Government Area
MR	-	Menstrual Regulation
NSPAN	-	National Strategic Plan of Action for Nutrition
PAC	-	Post Abortion Care
PHC	-	Primary Health Centre
PPC	-	Post Procedure Contraception
SBCC	-	Social Behaviour Change Communication
SCALE	-	Strengthening Civic Advocacy for local Engagement
SSVs	-	Supportive supervisory visit
SRH	-	Sexual Reproductive Health
SSVs	-	Supportive supervisory visit
VCAT	-	Value Clarification and Attitudinal Transformation
YFC	-	Youth Friendly Clinics
YPC	-	Youth Peer Counsellors
WFI	-	Women Friendly Initiative

## **2. Message from WFI's Chief Executive Officer (CEO)**

As we gather to reflect on the past year, I am filled with immense pride and gratitude. Pride in the remarkable progress we've made towards our mission to empower women and girls, and gratitude for the unwavering support of our partners, donors, and team members.

At WFI, we remain steadfast in our commitment to creating a world where women and girls can thrive and reach their full potential. In 2024, we made significant strides towards this goal. We expanded our outreach to marginalized communities, providing critical support and resources to those who need it most. Our programs in education, healthcare, and economic empowerment have positively impacted thousands of lives.

We also strengthened our advocacy efforts, pushing for policy reforms and social change that benefits women and girls. Our voices were heard loud and clear, and we will continue to use our platform to challenge gender-based discrimination and inequality. But our work is far from over. We know that gender equality is not only a human right but also essential for building a more just and prosperous society. We will continue to innovate, adapt, and push boundaries to ensure that our programs remain effective and impactful.

I want to express my deepest appreciation to our dedicated team, whose tireless efforts and unwavering commitment have made our achievements possible. Your passion and expertise are the driving force behind our success.

To our partners and donors, we thank you for your trust and support. Your investment in our work has transformed lives and communities, and we are honored to have you by our side.

As we look to the future, we do so with hope, determination, and a renewed sense of purpose. Together, we can create a world that is more just, equitable, and peaceful for all.



Dr. Francis Eremutha  
Chief Executive Officer  
Women Friendly Initiative

### **3. Acknowledgements**

We extend our deepest gratitude to our dedicated team, generous donors, and supportive partners who have made our achievements over the past year possible. Your unwavering commitment has allowed us to improve the health and well-being of women and girls, provide quality education, and create a favorable environment for adolescent and youth-friendly health services. Together, we are empowering communities and fostering a brighter, healthier future for all. Thank you for your continued support and belief in our mission.

WFI further wishes to thank her partners from Government Ministries, Departments and Agency (MDAs) and Civil Society Organizations for their time, expertise and tireless commitment. Our efforts would not have been made possible without the ongoing support and enthusiasm with which we received support from the Government; in particular the Federal Ministry of Health and Social Welfare; Federal Ministry of Women Affairs; State Ministries of health and Social Welfare; in Lagos, Kano, Ebonyi, Plateau, Kwara, Benue Ministry of Education and FCT Primary Health Care Board.

Sincere gratitude to WFI partners from local communities, faith based and private organizations who have a major stake in collectively contributing to the achievement of WFI strategic objectives within the year in review. We remain eternally grateful to WFI staff at the headquarters and field offices for their commitment and dedication and resilience. Is my hope that the coming year pay off all of our collective effort to improve the health and well-being of populations in benefitting communities.

Secretary, Board of Trustees.  
Women Friendly Initiative (WFI)



# WHAT WE DO

**Women Friendly Initiative (WFI), founded in year 2000 and registered in 2003 with the Corporate Affairs Commission of Nigeria with x number RC16069, is a national non-governmental, non-political, not-for-profit, and charitable organization. WFI's organizational culture is hinged on the philosophy that "People are the best agents of change". This is demonstrated in her unwavering commitment to the empowerment of vulnerable, less privileged and marginalized communities to overcome social, economic and cultural factors that limit their ability to make fully informed choices and/or limit their potentials for optimal development with a view to strengthening local institutions, structures and entities that enhance community health, economic, legal, social welfare and entrenchment of the rights of vulnerable populations especially women, youth and children**

## Our Vision

To be among the biggest and best organization in the world making sustainable difference to hundreds of millions of women globally with a target to produce the healthiest generation ever

## Our Mission

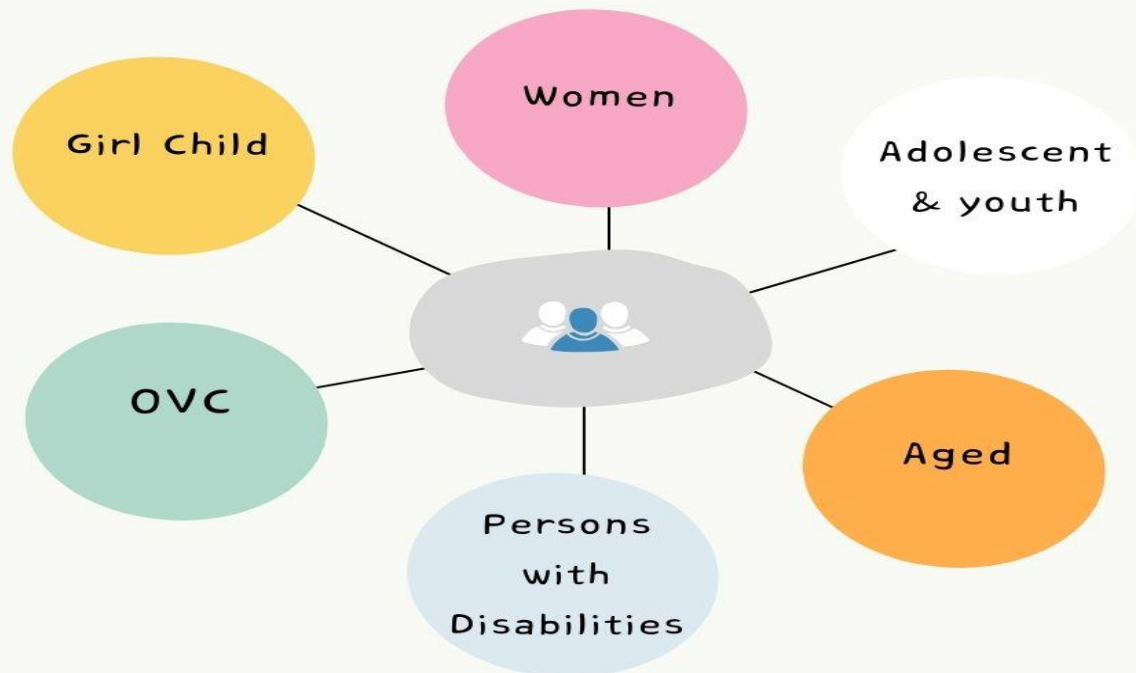
To produce a society that is egalitarian and offers equal opportunity for productive development, people participation, community leadership, independence of voluntary action, reflection of social and cultural choice and a genuine partnership with other sectors on a best practice basis as a catalyst for healthy living, sustainable development and poverty reduction.



## OUR CORE VALUES



## OUR TARGET GROUP



## 9. Our Objectives

- To address systemic and structural practices that creates barriers to the realization of women's rights and gender equality.
- To support equity and equality between women and men by striving to remove all forms of discrimination, and integrating their experiences, ideas, rights, and issues in all spheres of organizational development and practice through programmes, cultural exchanges, behaviour change communication and resource allocation.
- To engage and coordinate with partners, governments, funders and civil society organizations to promote and support effective, creative and impactful ways to positively improve the well-being of all at all ages.
- To strengthening the institutional capacity of community directed structures so they can better plan, implement, manage, and sustain programs and services for vulnerable groups.
- To support the empowerment of women and girls as a key strategy towards ending poverty, violence, human suffering and gender inequality.

## OUR PROJECT

Health	Nutrition	HIV/AIDS
Orphans & Vulnerable Children	Education	Gender Equality & Social Inclusion
Economic Empowerment	Human Rights	System Strengthening



# PROJECT IMPLEMENTED IN 2024 AND ACHIEVEMENT

Promoting the Health and wellbeing of all no matter what

## EXECUTIVE SUMMARY

The Women Friendly Initiative (WFI) is committed to improving the health and well-being of marginalized communities in Nigeria, with a focus on Adolescent Girls and Young Women (AGYW) in urban slums and vulnerable populations across various sectors. In 2024, WFI implemented several impactful projects addressing sexual and reproductive health (SRH), family planning (FP), education, mental health, and nutrition across Nigeria's urban slums and educational institutions.

To enhance access to comprehensive Sexual and Reproductive Health (SRH) services, WFI implemented a project titled Youth-Powered Ecosystem to Advance Urban Adolescent Health (YPE4AH), a five-year project designed to improve health and well-being of urban, underprivileged, out-of-school, and married adolescents aged 15–19 by increasing voluntary family planning (FP) uptake and continued use from a holistic, human capital perspective. The project was implemented in four LGAs (Kosofe, Lagos Island, Ikorodu and Mushin) in Lagos and (Ngogo and Wudil) in Kano States utilized Hubs and Spokes model as safe spaces for married and unmarried adolescents to seek and access Family Planning (FP) and reproductive health (RH) information, services, and provide referral linkages between the YPE4AH spokes facilities and special care services who have capacity to offer social support services such as Gender-Based Violence (GBV), Substance Abuse (SA) & Mental Health care to adolescents and young persons. The project achieved 78% (70,299) against 90,000 target of new FP acceptors. A total of 120,732 (F-77,422, M-43,310) were counselled for Family Planning (FP), Gender Based Violence (GBV) and Substance Abuse (SA), 112,671 used FP (new and revisit), 70,299 (F-49,501, M-20,798) were new acceptors while 100,081 (F-63,894, M-36,187) were adolescents. Also, WFI implementing another SRH project in 5 urban slums in Nasarawa state and the Federal Capital Territory of Nigeria to improve access of Adolescent Girls and Young Women (AGYW) to comprehensive sexual reproductive health information and services. WFI trained multi-cadre health providers on comprehensive sexual reproductive health services, strengthen community awareness and support for quality SRH service provision, *networking, community mobilization*. 5,865 AGYWs were served with SRH, including PAC, contraception, and GBV services across the targeted slums.

WFI's advocacy under the Strengthening Civic Advocacy for Local Engagement (SCALE) initiative successfully secured budget lines for adolescent and youth-friendly health services (AYFHS) and nutrition programs across five states and the FCT, enhancing political commitment and resource allocation.

WFI effort to create an enabling environment to support the provision and appropriate utilization of adolescent and youth health friendly services in Primary Health Care Facilities at sub-national level WFI advocated for the implementation of Adolescent and Youth Friendly Health (AYFHS) policies in 7-LGAs across Kwara, Plateau, Nasarawa and FCT and the National Strategic Plan of Action for Nutrition (NSPAN) in 4-LGAs across Ebonyi and Benue states through budgetary provision, increase and release in 5-Nigeria states and the Federal Capital Territory of Nigeria. WFI's advocacy result in the appointment of substantive Desk Officers in Nutrition and AYFHS in focused states; creation of dedicated budget lines for AYFHS and Nutrition across the 11 project locations; creation of Local Government Food and Nutrition Committee; and creation Local Government Adolescent and Youth Technical working group.

In education, WFI's intervention in Kuje Area Council, FCT, increased enrollment and retention of 50 out-of-school girls and 312 in-school pupils by providing educational materials, infrastructure improvements, and community sensitization against child marriage, establishment of Girl Education Volunteer (GEV) Task Force and formation of Girls 4 Literacy (G4L) club. The Collaborative Action for Mental Health Promotion Utilizing Student (CAMPUS) project at the University of Ilorin provided comprehensive mental health support through peer support system, campus support system utilizing curators in Mind and Body clinic and remote support systems (24/7 toll-free line, a mental health e-course and radio program), reaching over 74,000 students through radio programs; averted 919 mental health complications; counsel over 4000 students on mental health related illness and reached 15,000 students through campus outreaches. 5103 users registered for the e-course while 3,888 took the course and were certified; 2282 clients registered and visited the M&B Clinic while 429 clients called the project toll-free line and 44 students were trained as peer supporters and curators to provide mental health

counselling and early intervention for minor mental illnesses. Additionally, WFI enhanced adolescent health education through school health clubs in 25 schools in FCT, addressing SRH, mental health, GBV, drug abuse prevention, and life skills. Over 30,719 students benefited from this intervention. In the last quarter of 2024, WFI received an 8-month consultancy contract from Japan International Cooperation Agency (JICA) to implement a pilot school-based research project targeting adolescents aged 10-19 years on reducing non-communicable diseases risk factors through adolescents in Takushara community, FCT-Abuja Nigeria, integrating gender equality in NCD prevention strategies. The study target 300 students and 300 caregivers and it is ongoing.

Lastly, WFI continued its support for the elderly through the WFI Aged Forum, improving quality of life for individuals aged 60 and above with health services, counseling, and nutritional support. The forum has a registered membership of over 5, 000. In 2024, 655 (Male=108; Female= 547) members were served with medical, and nutritional services including health-check, drugs, health-education, feeding, counselling and recreational programs.

WFI faced numerous challenges in 2024. Some of these challenges were high level of unemployment among adolescent and young persons; limited resources and funding to scale-up of her project to other locations as planned on her strategic plan and adolescent and youth health plus nutrition remains neglected by policy makers despite its implication for their optimal growth and development into healthy and productive adults. Building on lessons learned and achievements, WFI will continue to strengthen its capacity to improve current program performance, explore new programs as well as opportunities to build alliances with state and non-state actors

Through these comprehensive programs, WFI continues to empower vulnerable communities, enhance access to quality healthcare, education, and social support, fostering resilience and sustainable development in underserved Nigerian communities

### 11.1: Increasing Access to comprehensive Sexual Reproductive Health (SRH) for Adolescent Girls and Young Women (AGYW) in Nigerian Urban slums.

Nigeria is home to a large youth population, with a significant proportion living in urban slums. These urban slums are ungoverned and unplanned settings dominated by poor and marginalized women and girls who on account of economic and social disadvantage face numerous health challenges especially at it relates to their sexual and reproductive health. Cultural norms, religious beliefs, and inadequate health infrastructure often hinder their access to vital SRH services and they are deprived of accurate information about their bodies, contraception, and safe sexual practices, leading to high rates of teenage pregnancies, unsafe abortions, and sexually transmitted infections (STIs), including HIV.



To address these gaps, Women Friendly Initiative (WFI) is implementing a project aimed at improving access of Adolescent Girls and Young Women (AGYW) to comprehensive sexual reproductive health information and services in 5 urban slums in Nasarawa state and the Federal Capital Territory of Nigeria. Specifically, the project trained multi-cadre health providers comprising private health providers, community health extension workers, Patent Propriety Medicine Vendors (PPMV), CBOs and Youth Peer Counsellors on comprehensive sexual reproductive health services, strengthen community awareness and support for quality SRH service *provision, networking, community mobilization. The community-based campaigns facilitated referral* and advanced the sexual and reproductive health and rights of women and girls. The training for the multi-cadre providers ensured client confidentiality, created safe spaces, strengthen provider

networks for experience sharing, group support and interdependence.



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#### Highlights of achievement for 2024

- WFI organized 4 sessions of 1-day physical project review meeting for her 55 clinical and non-clinical providers comprising 5 health providers, 25 Patent Medicine Vendors (PPMV) and 25 Youth Peer Counsellors (YPC) in Nasarawa state and FCT to encourage cross-sharing, The review meeting evaluated progress, addressed challenges and identified lessons learnt. The meeting also provided an opportunity for skills enhancement, knowledge exchange, strengthened partnership and renewed commitment for the provision of comprehensive sexual reproductive health information and services. WFI observed positive attitude amongst the clinical and non-clinical providers. They demonstrated confidence, motivation for their work and were committed to sustaining



adolescent girls and young women's access to quality abortion care.



SPARK 30C

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- WFI Purchased and distributed free life-saving commodities to service providers in target locations. Providing life-saving commodities free to healthcare providers is crucial in ensuring timely access to essential medicines, medical supplies, and equipment, particularly in underserved slums where we work.
- WFI served 5,865 adolescent girls and young women with SRH, including PAC, contraception, and GBV services across the targeted slums through trained YPC, PPMVs, and CPs.



## 11.2: The Youth-Powered Ecosystem to Advance Urban Adolescent Health (YPE4AH)

The Women Friendly Initiative is a consortium partner in a project titled “The Youth-Powered Ecosystem to Advance Urban Adolescent Health (YPE4AH)”. The project is a five-year project designed to improve health and well-being of urban, underprivileged, out-of-school, and unmarried adolescents aged 15–19 by increasing voluntary family planning (FP) uptake and continued use—from a holistic, human capital perspective. The project is implemented in urban slums in 4 LGAs in Lagos and 2 LGAs in Kano states, utilizing Hubs and Spokes model. WFI is saddled with the responsibility of implementing the service delivery component of the YPE4AH project and thus ensures the project youth Hubs and Spokes are safe spaces for married and unmarried

adolescents to seek and access Family Planning (FP) and reproductive health (RH) information, services, and provide referral linkages between the YPE4AH spokes facilities and special care services who have capacity to offer social support services such as Gender-Based Violence (GBV), Substance Abuse (SA) & Mental Health care to adolescents and young persons.



The key project activities within included

- Advocacy activities to relevant stakeholders for their support, participation and sustainability of the project.
- Training of Multi-cadre Providers on provision of Adolescent Youth Friendly Health Services (AYFHS).
- Printing and distribution of national guidelines and Job AIDS for provision of (AYFHS)
- Branding of project facilities for visibility
- Aid provision of safe and confidential spaces for AYFHS
- Promote Demand Generation for Family Planning through outreach services and community mobilization
- Improved Quality of Care by conducting support supervision to the health providers/facilities as

well as strengthening referral linkages among providers.

During the project timeline, a total of 248 facilities participated in the project, 248 service providers were trained, 13 sessions of trainings were conducted, 85 Job AIDs were printed and distributed, 190 national guidelines on Integration and Access to AYFHS were printed, 150 logos were printed and distributed for branding of health facilities, 60 sessions of Quarterly Data Review meeting were conducted, 8 sessions of Quarterly Stakeholders Engagement meeting were conducted, 376 supportive supervisory visits were conducted, 75 Community mobilizers were engaged and 2 sessions of refresher training conducted.



At the premature end of project by USAID in July 2024, service delivery achieved 78% (70,299) against 90,000 target of new FP acceptors at Life of project in May 2025. A total of 120,732 (F-77,422, M-43,310) were counselled for FP, GBV and SA, 112,671 used FP (new and revisit), 70,299 (F-49,501, M-20,798) were new acceptors while 100,081 (F-63,894, M-36,187) were adolescents.

### 11.3: Strengthening Civic Advocacy for Local Engagement (SCALE).

As part of effort to create an enabling environment to support the provision and appropriate utilization of adolescent and youth health services in Primary Health Care Facilities at sub-national level, the Adolescent and Youth Health plus Nutrition (AYH+N) Cluster led by Women Friendly Initiative (WFI) advocated for the implementation of Adolescent and Youth Friendly Health (AYFHS) policies and the National Strategic Plan of Action for Nutrition (NSPAN) through budgetary provision, increase and release in 5-Nigeria states and the

Federal Capital Territory of Nigeria. Specifically, the AYH+N cluster advocated for budget line provision, increase and release for the implementation of NSPAN in 4-LGAs across Ebonyi and Benue states and AYFHS policy support and budgetary provision, increase and release in 7-LGAs across Kwara, Plateau, Nasarawa and FCT.



The AYH+N cluster conducted community dialogues with stakeholders across 11 project LGAs in 5 states, aiming to pressurize political leadership, grow supporters, and mobilize resources for Nutrition and Adolescent and Youth Friendly Health services.

They also conducted rallies to raise awareness, popularize AYFHS and NSPAN Policy documents, and mobilize public support for government commitment to AYFHS & NSPAN integration at Primary Health Care facilities.

#### 11.3.1: Highlight of Achievements

WFI's advocacy efforts yielded the following results:

- Facilitated the appointment of substantive Desk officers of Nutrition Desk offices in AYFHS-focused states.
- Facilitated the appointment of substantive Desk officers of AYFHS in Nutrition-focused states.
- Creation of dedicated budget lines for





AYFHS and Nutrition across the 11 project locations.

- Creation of Local Government Food and Nutrition Committee
- Creation Local Government Adolescent and Youth Technical working group.

#### **11.4: Promoting Quality Education for Vulnerable Girls in the Federal Capital Territory of Nigeria through Block Granting.**

It is said that education is the best vaccine against ignorance and necessary for the overall human capital development. Educating a girl-child has a direct positive impact on poverty reduction due to girl-child participation in labour force, health gain and economic empowerment. Nigerian Government declared Free Universal Basic Education (UBE) for public schools in 2004. However, till date management of public primary schools are still collecting several levies such as fees for new student admissions, exam fees, PTA dues, and other levies that are too expensive for low-income parents, thus forcing millions of children particularly the girl child in Nigeria to drop out of school.



To address these gaps Women Friendly Initiative (WFI) implemented a project titled “Increased Enrollment and Retention of Girls ages 9-15 in Primary School in Kuje Area Council, FCT-Abuja, Nigeria”. The objectives of the project were: to increase enrollment, retention and completion of primary education for 50 out-of-school girls in Kiyi community; to promote behavioral change against child marriage; and to promote girl child education among parents and the community members.

##### **11.4.1: Highlight of Achievements**

Construction and supply of 50 dual desks (to be utilized by 100 students) and 20 tables and chairs (for teachers) to the school to suffice as a waiver for school fees, Parents

Teachers Association (PTA) levy and any other levy for the targeted beneficiaries throughout their schooling in the school.

The benefiting pupils were supplied with school materials such as school uniform, bags, sandals, and socks. Other items donated to the pupils include English, Mathematics, Basic Science and Technology, Verbal Quantitative and Qualitative Reasoning and Religious and National Values textbooks. A Memorandum of Understanding (MoU) was signed with the school to seal the agreement.



WFI conducted Advocacy to the Paramount ruler of Kiyi, and other community stakeholders solicit for their support for the successful implementation of the project. The community leaders committed to support the parents and guardians of the selected out-of-school girls to promote girl-child education.

The project established Girl Education Volunteer (GEV) Tasks Force comprising of the Kiyi Traditional Ruler, representative of FOMWAN and CAN, Security, PTA Chairman, Headmistress, Youth Leader, Women Leader, Head Boy and Head Girl to support selection process and also ensure retention and school completion. The GEV Task Force members were trained to gain knowledge on importance of education; consequence of child marriage; International and local laws that prohibit child marriage; Adolescent Sexual Reproductive Health and Rights; Gender Based Violence and community mobilization to aid their work.



WFI also conducted community dialogues targeting community stakeholders, families of girls that are not enrolled in school, dropped out of school, or at the verge of becoming under-age brides to enlighten them on importance of girl child education, disadvantages of child marriage and International and local laws that prohibit child marriage as well as GBV with a view to mobilizing support for girl child education.

There was caregivers' sensitization on the dangers of girl – child marriage, GBV and saving tips (financial education) to enable them to transition and finance educational materials for their children after the project life span. WFI have established a “Girls 4 Literacy” club in Kiyi community to equip adolescent girls to be advocates for girl child education and “challengers” of child marriage thus becoming a voice for themselves and their peers in the society.



The intervention recorded the following successes: enrolment, re-enrolment and retention of 50 female pupils in LEA primary school Kiyi; construction and supplied of 50 dual desks (for 100 users) and 20 tables and chairs for pupils and teachers' usage respectively, purchased and distribution of school materials to the beneficiaries, training of caregivers on financial management skills, community dialogues and sensitization on the importance

of girl child education and formation of G4L club to train the girls to advocate for their rights.

### 11.5: Collaborative Action for Mental Health Promotion Utilizing Students (CAMPUS)

The Grand Challenge Canada supported project titled “*Collaborative Action for Mental Health Promotion Utilizing Student (CAMPUS)*” was aimed at testing the effectiveness and efficiency of peer support system, campus support system and remote support system in delivering quality, timely and friendly Mental Health and Psychosocial Support (MHPSS) information and services to students. CAMPUS was a 2-year project which was implemented in the University of Ilorin, Kwara State Nigeria from December 2022 to November 2024.



The Project Components were as follows:

- **Peer Support System (PSS):** This system was made up of 40 students trained as peer supporters and equipped with basic knowledge of mental health to provide non-clinical MPHSS to other students. They were extensively trained to provide early intervention to students experiencing minor mental health symptoms within departments and hostels of the University community.
- **Campus Support System (CSS):** This system was managed by Student Curators in a unit hosted within the Student Union Building called *the Mind & Body*



*Clinic*, where more structured non-clinical MHPSS therapy was provided to students within a friendly, confidential and non-judgmental environment.

- **Remote Support System (RSS):** This comprised of a 24/7 toll-free line, a mental health e-course and radio program providing students with information for self-care & links for self-referral to in & off-campus (CSOs & government agencies) treatment sites.

## KEY ACHIEVEMENTS

### 1. Lives Improved:

- No of e-course certified users – 3888
- No of M&B Clinic registered clients – 2282
- No of mental illness complications averted - 919
- No of toll-free line callers – 429
- No of Radio program listeners reached – over 74,000 (students' population and beyond the campus)
- No of peer to peer counseling - over 4,000 (at 10 persons per peer supporter)
- No reached through campus outreach - over 15,000 (at least a quarter of the students population)

### 2. Beneficiaries accessing mental health intervention or treatment:

- No of clients who registered for mental health support from the M&B Clinic – 2282
- No of mental illness complications averted-919 (aggregate for those who completed at least 4 visits)

### 3. Individuals receiving mental health education:

- Number of mental health e-course users – 5103

### 4. Beneficiaries reporting changes in knowledge, awareness:

- Number of e-course certified users – 3888 (25% increase from pre to post test score attained and attaining a certification score of 70% and above)

### 5. Intermediaries trained:

- 44 students were trained as peer supporters and curators to provide mental health counselling and early intervention for minor mental illnesses.

### 6. Intermediaries with changes in awareness, knowledge, attitudes:

- 42 satisfactorily demonstrated increased knowledge as recorded through the pre and post-training assessment.

### 7. Intermediaries using the innovation:

- 42 (all students trained and enlisted remained functional without any withdrawal at the close of project)

### 8. Number of community engagement activities conducted

- A total of 42 on-campus mental health sensitization outreaches were conducted twice a week for a period of 6 months by the peer supporters and curators across the faculties within the university. An average of 13 peer supporters and 2 curators participated in each of the outreach depending on their class schedule; however, participation is mandatory for all peer supporters within the host faculties.
- Also, some of the outreaches were conducted in collaboration with the annual/beginning of session student union, faculty and departmental orientation and health week activities.



### 11.6: Promoting Health and Well-being of School Based Adolescent and Youth

As part of effort to nurture and cultivate a healthier, safer, and more knowledgeable generation, equipped to tackle the challenges of the modern world with confidence and resilience, Women Friendly Initiative (WFI) with funding support from her Board of Trustees actively engaged in a series of school-based activities through WFI supported school health clubs in 25 Junior and Senior Secondary schools in the Federal Capital Territory in line with the mandate of Universal Basic Education Board and Secondary Education Board.



The school health clubs featured topics that promote sexual reproductive health, mental health, gender-based violence, drug abuse prevention, and life skills development among students. These include educational sessions on puberty, consent, safe sex practices, and regular health check-ups.

WFI also worked to reduce gender-based violence through education, training, and referral linkages.

They also promoted drug prevention and harm reduction messages through role-playing scenarios and communication with parents and wards. Additionally, through interactive activities and role-playing scenarios, WFI also organized life skills development, teaching students' essential skills like communication, critical thinking, decision-making, problem-solving, and interpersonal skills.

### 11.7: Japan International Cooperation Agency (JICA)

In November 2022, the Women Friendly Initiative received a consultancy contract from Japan International Cooperation Agency (JICA) to implement a pilot on reducing non-communicable diseases risk factors through adolescents in FCT-Abuja Nigeria. The study is an eight-months implementation research project which aims to identify the necessary procedures and approaches to mainstream gender equality in NCD-related programs. The project is a school-based research project targeting adolescents aged 10-19 years in Junior Secondary School Takushara community in Abuja municipal area council, federal capital territory Abuja.



The pilot study is been implemented in three intervention levels: individual, school and community levels. The project targets students of Junior Secondary School, parents of the students and community members, with a special focus on women, adolescents including out-of-school children, and vulnerable people.

The gender considerations and approaches used at each stage of the study will be documented, and their potential to significantly impact NCDs prevention will be evaluated, and the methods developed in the pilot study will be explored for possible application

to similar programs implemented by JICA

Activities implemented within the reporting period include:

- Courtesy visit to the traditional ruler and his counsel to gain their approval and support for the project implementation.
- Inception meeting with JICA steering committee to discuss the plan of operation for the pilot study on the NCDs risk factors among adolescents in Takushara Community of AMAC, FCT.
- Rapid Assessment of the study community to assess the socio-economic context related to NCD risks prevention
- Training module development for school teachers and health workers tailored to the needs of students and parents on NCD prevention.
- At the end of the project intervention, an endline survey will be conducted to assess the impact of the interventions in the community.



### 11.8: Aging Gracefully! WFI Aged Forum!

WFI has part of her mission of her mission of improving lives of vulnerable persons currently supports “WFI Aged Forum” with support of WFI Board of Trustees. The forum was established in 2008 to improve the quality of life for individuals aged 60 years and above by providing them

with comprehensive health, psycho-social, and nutritional services including medical check-ups, medication access, health-talks, counselling, recreational activities, and feeding programs. Guided by the slogan "Aging Gracefully," the forum has consistently demonstrated a commitment to providing a supportive environment where aged persons can thrive, feel valued, and maintain their dignity.

The Aged Forum is governed by an executive committee that ensures smooth operations of the forum in conjunction with WFI. The dynamic team consists of a Chairperson, Vice-chairperson, Secretary, Financial secretary, Public Relations Officer, and treasurer, working together to ensure the forum's smooth operation.

#### 11.8.1: Highlight of Achievements

Since its inception, the forum has experienced remarkable growth, expanding from a mere 13 members to a vibrant community of over 250 active participants.

The forum convenes monthly at WFI Headquarters in Kuje Area Council Abuja. WFI also provides mobile services to aged persons who cannot attend the forum in their communities on account of their health and residency in hard-to reach communities.

Over 5000 aged persons have benefitted from WFI aged medical, and nutritional services including health-check, drugs, health-education, feeding, counselling and recreational programs.

The WFI Aged Forum has made significant strides in addressing the psycho-social needs of over 250 aged persons by fostering a sense of community and inclusivity.

As we move forward, we remain dedicated to our mission, striving to enhance the lives of our members and promote a culture of care and compassion.

#### 12. Challenges

- Adolescent and youth health plus nutrition remains neglected by policy makers despite its implication for their optimal growth and development into healthy and productive adults
- Limited resources and funding affected scale-up of our project to other locations planned on our strategic plan.
- High level of unemployment among adolescent and young persons.

- Poor capacity of government functionaries
- Retention of non-remunerated personnel in the face of increasing economic difficulties.
- Difficulty in achieving financial sustainability vs. Demand for free services
- Strengthen reproductive health commodity supply partnership with federal and state ministry of health warehouses to guarantee year-round availability across her program sites.

### **13. Lessons Learnt**

- Sustained advocacy is a necessity for success because of continuous change in government structures and policies.
- Youth Involvement in planning and implementation encourages ownership.
- Partnership with target beneficiaries ensures project success
- Patience with government functionaries despite the slowing effect of bureaucracy guarantees sustainability.
- Use of peer influencers and volunteers increases and promotes service utilization especially in hard- to-reach areas.

### **14: Expected Milestones for 2025**

Building on lessons learned and achievements, WFI will continue to strengthen its capacity to improve current program performance, explore new programs as well as opportunities to build alliances with state and non-state actors. WFI expects to achieve the following milestones:

- Broaden collaborative partnerships with donors, development partners and private sector in line with the organizational strategic plan and improve organizational capacity for change by increasing our annual grant award by 25%.
- Deepen our reach in depth and breadth to reach additional 1.2 million beneficiaries.
- Explore innovative strategies to reach out to adolescents and youth especially AGYW in order to increase uptake of comprehensive SRH services including GBV and mental health especially in slums and hard to reach areas by 15%.
- Explore innovative ways of engaging vulnerable children, adolescents and youth to achieve lasting impact in education by increasing students' enrolment, retention and completion by 10%.
- Support economic empowerment of 120 AGYW.



**WOMEN FRIENDLY INITIATIVE**  
**STATEMENT OF FINANCIAL POSITION**  
**AS AT 31ST DECEMBER 2024**

	NOTES	2024 ₦	2023 ₦
<b>ASSETS</b>			
<b><u>Non Current Assets</u></b>			
Property, Plant and Equipment	2	20,400,755	22,339,207
<b>CURRENT ASSETS:</b>			
Account Receivables	3	6,282,416	8,678,899
Cash and Bank	4	<u>25,534,632</u>	<u>41,253,509</u>
Total Current Assets		31,817,048	49,932,408
<b>Total Assets</b>		<b><u>52,217,803</u></b>	<b><u>72,271,615</u></b>
<b>ACCUMULATED FUND AND LIABILITIES</b>			
Accumulated Fund		8,612,882	39,614,791
Funders Fund		<u>1,754,161</u>	<u>1,754,161</u>
<b>Total Accumulated Fund</b>		10,367,043	41,368,952
<b><u>LIABILITIES</u></b>			
Non-Current Liabilities:			
BOT	7	16,316,127	30,902,663
<b>CURRENT LIABILITIES:</b>			
Account Payable	5	25,534,633	-
Provision for Taxation		-	-
Total Current Liabilities		<u>25,534,633</u>	-
Total Liabilities		41,850,760	30,902,663
<b>Total Accumulated Fund and Liabilities</b>		<b><u>52,217,803</u></b>	<b><u>72,271,615</u></b>

**WOMEN FRIENDLY INITIATIVE  
NOTE TO THE FINANCIAL STATEMENT  
FOR THE YEAR ENDED 31ST DECEMBER, 2024**

	<b>2024</b>	<b>2023</b>
	<b>₦</b>	<b>₦</b>
<b>3. ACCOUNTS RECEIVABLES</b>		
USAID/YPE4AH	-	8,054,245
SCALE	-	624,654
MUNDO	<u>6,282,416</u>	<u>-</u>
	<b><u>6,282,416</u></b>	<b><u>8,678,899</u></b>
<b>4. CASH AND BANK</b>		
Cash Balance	-	-
Bank Balance	<u>25,534,632</u>	<u>41,254,509</u>
	<b><u>25,534,632</u></b>	<b><u>41,254,509</u></b>
<b>5. PAYABLE AND ACCRUALS</b>		
IPPF	853,457	-
JICA	835,200	-
ANONYMOUS	10,882,555	-
BOT	<u>12,963,421</u>	<u>-</u>
	<b><u>25,534,633</u></b>	<b><u>-</u></b>
<b>6. ACCUMULATED FUND</b>		
President/Founder's Fund	<u>1,754,161</u>	<u>1,754,161</u>
<b>7. BOARD OF TRUSTEES ACCOUNTS</b>		
This represents amount brought in by Board of Trustees to financed project on behalf of WFI.		
The Loan is interest free	<b><u>16,323,327</u></b>	<b><u>30,902,663</u></b>
<b>8. GRANTS</b>		
Anonymous Donation	195,831,369	189,831,369
BOT Surplus	102,726,693	82,726,693
IPPF	34,386,294	29,670,102
USAID-SCALE	71,894,376	36,249,497
Mundo Cooperate	6,766,539	8,644,768
Grand Challenge Canada	43,296,789	54,388,629
USAID DAI	114,496,895	82,405,371
JICA	<u>20,000,000</u>	<u>-</u>
	<b><u>589,398,955</u></b>	<b><u>483,916,42</u></b>